

UNITED STATES DISTRICT COURT  
WESTERN DISTRICT OF WASHINGTON  
AT SEATTLE

KIMBRA L.,

Plaintiff,

v.

COMMISSIONER OF SOCIAL SECURITY,

Defendant.

Case No. C23-6077 RSM

**ORDER AFFIRMING AND  
DISMISSING THE CASE**

Plaintiff seeks review of the denial of her applications for Disability Insurance Benefits (DIB) and Supplemental Security Income (SSI). Plaintiff contends the ALJ erred in assessing her residual functional capacity (RFC) and at step five. Dkt. 8. Plaintiff further contends that based on the ALJ's errors, the Court should remand this case for an award of benefits. *Id.* As discussed below, the Court **AFFIRMS** the Commissioner's final decision and **DISMISSES** the case with prejudice.

**BACKGROUND**

This is the third time Plaintiff seeks review of her applications for benefits. In 2015, Plaintiff filed applications for DIB and SSI. AR 133, 145, 158. In January 2018, the ALJ issued a decision finding Plaintiff not disabled. AR 1266–87. This Court reversed the ALJ's decision and remanded for further proceedings. AR 1302–13. The ALJ held a hearing on remand in July

2020 where Plaintiff amended her alleged onset date to December 8, 2013. AR 1234–65. In October 2020, the ALJ issued a partially favorable decision. AR 1194–1233. Specifically, the ALJ found Plaintiff entitled to SSI benefits beginning May 1, 2020, through the date of the ALJ’s decision, but not entitled to DIB benefits from her amended alleged onset date through Plaintiff’s date last insured of December 31, 2013. AR 1223–24. This Court again reversed the ALJ’s decision regarding whether Plaintiff was disabled prior to May 1, 2020. AR 1697–1711. In June 2023, the ALJ held a third hearing on remand. AR 1639–56. In July 2023, the ALJ issued an unfavorable decision, finding Plaintiff not disabled prior to May 1, 2020. AR 1608–38. In relevant part, the ALJ determined Plaintiff has the RFC to perform sedentary work, except “she can never walk during the day” and “requires the ability to alternate between sitting and standing at will.” AR 1617. Plaintiff now seeks review of the ALJ’s July 2023 decision.

## DISCUSSION

The Court may reverse the ALJ’s decision only if it is legally erroneous or not supported by substantial evidence of record. *Ford v. Saul*, 950 F.3d 1141, 1154 (9th Cir. 2020). The Court must examine the record but cannot reweigh the evidence or substitute its judgment for the ALJ’s. *Thomas v. Barnhart*, 278 F.3d 947, 954 (9th Cir. 2002). When evidence is susceptible to more than one interpretation, the Court must uphold the ALJ’s interpretation if rational. *Ford*, 950 F.3d at 1154. Also, the Court “may not reverse an ALJ’s decision on account of an error that is harmless.” *Molina v. Astrue*, 674 F.3d 1104, 1111 (9th Cir. 2012).

### 1. Plaintiff’s RFC

Plaintiff contends the ALJ erred in assessing her RFC. Dkt. 8 at 2–6.

A claimant’s RFC is the most the claimant can still do despite [his or her] limitations. 20 C.F.R. §§ 404.1545(a), 416.945(a). The ALJ assesses a claimant’s RFC by looking at the

1 relevant evidence, including objective medical evidence and the claimant’s complaints regarding  
2 his or her symptoms. *Laborin v. Berryhill*, 867 F.3d 1151, 1153 (9th Cir. 2017).

3 Here, the ALJ assessed Plaintiff has the RFC, in relevant part, to perform sedentary work  
4 with both exertional and non-exertional limitations. AR 1617. Plaintiff contends the ALJ erred  
5 by arbitrarily omitting the off-task and absenteeism limitations the ALJ had included in the 2020  
6 decision. *See* Dkt. 8 at 2–6; AR 1218 (“15% off task at work,” “likely to be absent from work  
7 one time per month”). Plaintiff maintains the 2023 RFC should be the same as the 2020 RFC,  
8 given the ALJ considered the same evidence in both decisions, but Plaintiff makes no specific  
9 arguments regarding the ALJ’s actual assessment of her RFC. *See id.* at 4. Plaintiff only points  
10 to the ALJ’s findings at step three,<sup>1</sup> states they are “nearly a copy/paste from between the 2020  
11 and the 2023 decision,” and therefore indicative of the ALJ’s arbitrary omission of her off-task  
12 and absenteeism limitations. *See id.* at 4. The Court will not consider matters that are not  
13 “specifically and distinctly” argued in the plaintiff’s opening brief. *Carmickle v. Commissioner*,  
14 *Social Sec. Admin.*, 533 F.3d 1155, 1161 n. 2 (9th Cir. 2008) (*quoting Paladin Assocs., Inc. v.*  
15 *Mont. Power Co.*, 328 F.3d 1145, 1164 (9th Cir. 2003)). At best, Plaintiff appears to suggest the  
16 ALJ improperly disregarded her subjective testimony regarding her mental health, but as  
17 discussed below, this argument is not supported by substantial evidence. *See* Dkt. 8 at 4–5.

18 When the ALJ determines a claimant has presented objective medical evidence  
19 establishing underlying impairments that could cause the symptoms alleged, and there is no  
20 affirmative evidence of malingering, the ALJ can only discount the claimant’s testimony as to  
21 symptom severity by providing “specific, clear, and convincing” reasons supported by  
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23 <sup>1</sup> Plaintiff refers to these as the ALJ’s “Step 4” findings, but the Court presumes Plaintiff was referring to step three,  
given Plaintiff’s issue with the ALJ’s discussion of the Listing of Impairments.

1 substantial evidence. *Trevizo v. Berryhill*, 871 F.3d 664, 678 (9th Cir. 2017). “The standard  
2 isn’t whether our court is convinced, but instead whether the ALJ’s rationale is clear enough that  
3 it has the power to convince.” *Smartt v. Kijakazi*, 53 F.4th 489, 499 (9th Cir. 2022).

4 Plaintiff appears to take issue with the ALJ’s disregard for the “many citations which find  
5 [her] to be depressed, sad, tearful, anxious, worried, tense, guarded, blunted, or with restricted  
6 affect. *See* Dkt. 8 at 4. Plaintiff misunderstands the ALJ’s evaluation of her testimony—the ALJ  
7 did not deny Plaintiff’s symptoms, but rather her statements regarding their intensity and limiting  
8 effects because of their inconsistency with the record. *See* AR 1618–19. “When objective  
9 medical evidence in the record is *inconsistent* with the claimant’s subjective testimony, the ALJ  
10 may indeed weigh it as undercutting such testimony.” *Smartt*, 53 F.4th at 498. Here, the ALJ’s  
11 assessment is well supported by the evidence showing Plaintiff’s normal presentation, full  
12 alertness and orientation, as well as normal thought content, intact insight and judgment, fair to  
13 intact memory, and intact concentration. AR 1622 (citing AR 480, 487, 529, 552, 568, 571, 988,  
14 1043, 1062, 1080, 1090, 1102, 1129, 1166, 1168–69, 1171–72, 1184, 1523). The ALJ also  
15 observed that after management of her medication, Plaintiff was continuously found well  
16 developed and in no distress. *See* AR 1097, 1129, 1493, 1500, 1512, 1516, 1523. Additionally,  
17 the ALJ highlighted the stabilization of Plaintiff’s mood and reports of no changes in stress  
18 levels, mood disorders, and memory. *See* AR 551, 724, 744, 746–47. “Impairments that can be  
19 controlled effectively with medication are not disabling for the purpose of determining eligibility  
20 for [social security disability] benefits. *Warre ex rel. E.T. IV v. Comm’r of Soc. Sec. Admin.*, 439  
21 F.3d 1001, 1006 (9th Cir. 2006). Given these records, the ALJ permissibly rejected Plaintiff’s  
22 testimony.

23 An ALJ’s RFC assessment only needs to incorporate credible limitations supported by

1 substantial evidence in the record. *Stubbs-Danielson v. Astrue*, 539 F.3d 1169, 1174 (9th Cir.  
2 2008). Considering the ALJ's proper rejection of Plaintiff's testimony, and given that Plaintiff  
3 raised no other objections to the ALJ's evaluation, the Court finds no error with the ALJ's RFC  
4 assessment.

## 5 **2. Step Five**

6 Plaintiff contends the ALJ erred at step five by posing to the vocational expert (VE) a  
7 hypothetical that did not include the ALJ's own RFC limitations, and by relying on the jobs  
8 provided by the VE. Dkt. 8 at 6–7.

9 At step five of the sequential evaluation process, the ALJ has the burden of determining  
10 whether “the claimant can perform a significant number of other jobs in the national economy.”  
11 *See Ford*, 950 F.3d at 1148. One way the ALJ meets this burden is by relying on the testimony  
12 of a VE. *See Lounsbury v. Barnhart*, 468 F.3d 1111, 1114 (9th Cir. 2006).

13 In the most recent hearing, the ALJ asked the VE what occupations are available for an  
14 individual who has the same RFC as Plaintiff, is “provided a sit/stand at-will option at the  
15 workplace,” and is not required to do any walking. AR 1651–52. The VE provided the  
16 following occupations: bottle packer, small product assembler II, and electronics worker. AR  
17 1653–54. The VE explained that his answers were based on the Dictionary of Occupational  
18 Titles (DOT) as well as his 44 years of experience as a vocational counselor. AR 1653. The  
19 ALJ also asked the VE if he had to “go beyond the DOT” to determine these occupations. *Id.*  
20 The VE confirmed doing so because the “DOT does not break that down.” *Id.* The ALJ then  
21 relied on the VE's testimony and incorporated it into his decision. AR 1628–29.

22 Plaintiff points out the ALJ limited her to sedentary work, but the occupations the ALJ  
23 incorporated in his decision are considered “light work” that “[do] not impose standing

1 limitations other than the need for sit/stand option.” *Id.* at 6–7. Plaintiff argues, therefore, that  
2 the occupations determined by the ALJ at step five are incompatible with the ALJ’s own RFC  
3 assessment. *Id.*

4 Plaintiff’s argument seems to be predicated on the idea that an individual with a  
5 sedentary RFC must have stricter siting/standing limitations or not required to stand at all. As  
6 Defendant points out, however, the regulations describe sedentary work as one involving sitting,  
7 as well as “a certain amount of walking and standing.” 20 C.F.R. §§ 404.1567(a), 416.967(a).  
8 More importantly, an ALJ is entitled to rely on the VE’s testimony at step five because VE  
9 testimony is considered inherently reliable. *See Kilpatrick v. Kijakazi*, 35 F.4th 1187, 1192 (9th  
10 Cir. 2022). In fact, even if the VE’s testimony is inconsistent with the DOT, the ALJ is not  
11 precluded from relying on the testimony so long as it “match[es] the specific requirements of a  
12 designated occupation with the specific abilities and limitations of the claimant.” *See Johnson v.*  
13 *Shalala*, 60 F.3d 1428, 1435 (9th Cir. 1995). “[T]he expert testimony may properly be used to  
14 show that the particular jobs, whether classified as light or sedentary, may be ones that a  
15 particular claimant can perform.” *Id.* Here, the VE specifically addressed Plaintiff’s “sit/stand  
16 at-will and no walking” limitations as inquired by the ALJ. AR 1651–53. Therefore, the ALJ  
17 permissibly relied on the VE’s testimony and did not err at step five.

18 In sum, Plaintiff has failed to show the ALJ committed errors in assessing her RFC and at  
19 step five. Accordingly, the Court need not address Plaintiff’s request that this case be remanded  
20 for an award of benefits.

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**CONCLUSION**

For the foregoing reasons, the Commissioner's final decision is **AFFIRMED** and this case is **DISMISSED** with prejudice.

DATED this 19<sup>th</sup> day of April, 2024.



RICARDO S. MARTINEZ  
UNITED STATES DISTRICT JUDGE